

Winter Adventure 2024  
Winterim Classes 2024 Disclosure  
Room 37 (History Room)  
Mrs. Hillyard

Dear parents,

This disclosure will provide you with an idea of what will be discussed and learned during our Winter Adventure class. Please review this disclosure, and sign for participation credit.

### **Course Description**

Our students are going to have the opportunity to learn how to enjoy, and stay safe while being outdoors during the winter. They will learn the importance of making a plan, dressing your best for the occasion/weather, how to keep yourself fueled and energized for long hikes, basic winter survival skills, and basic emergency first aid skills. We are planning to head up to Payson Canyon 6-7 of the days, pending on weather conditions, as well as Woodland Hills. We are planning to stay in the classroom on Wednesday, January 17th and watch the movie Togo.

### **Student Expectation**

Students will be expected to provide their own winter gear to keep themselves warm (hats, gloves, scarfs, snow pants, coats, boots, extra socks, etc), we will provide all the equipment such as snowshoes. Please have your student bring their uniform so they can change into it at the end of class. We have some adventures planned to take place up in Payson Canyon, and Woodland Hills. Students are expected to listen and follow instructions. If they can't, they won't be invited to join us on the following day's activity.

### **Class Fees and Supplies**

- The class fee of \$35 should have been paid at the time of registration for this class. This fee covers the cost of the following:
  - Snowshoe Rentals
  - Snacks (trail mix, fruits, nuts, granola bars)
  - Hot chocolate
  - Other materials
- Supplies not provided, but strongly recommended
  - Clothing that is NOT cotton based
  - Snow pants and heavy coat
  - Hiking boots, or winter boots
  - 2 pairs of extra socks

### **Participation**

We are going to be outside first thing in the morning, which is one of the coldest parts of the day. I expect my students to come prepared knowing that they are going to get cold. I expect them to have good attitudes and a willingness to learn and grow to be better prepared for being

outside. I expect the students to participate in all of the activities we have planned. If a student is unwilling to participate, they will be invited to miss out on the following day's activities.

**Contact**

If you have any questions or concerns, feel free to reach out to me through email, ([whillyard@apamail.org](mailto:whillyard@apamail.org)) or by giving me a call. You can call the school number, my extension is 1111.

I give permission for my student to watch Togo \_\_\_\_\_

I do NOT want my student to watch Togo \_\_\_\_\_

Student's printed name (First and last): \_\_\_\_\_

Parent's/Guardian's Printed name: \_\_\_\_\_

Parent's/Guardian's phone and email: \_\_\_\_\_

Allergies- Please list all of your students allergies below.

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