

2024 WINTERIM CATALOG

JANUARY 3-19, 2024

Digital Literacy

(Required for 8th Graders)

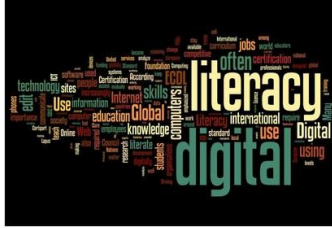
Teacher: Mrs. Hancock or Mrs.

Mueras-Saavedra

Periods: 1, 2, 3, or 4

Class Size: 15/24

Cost: NA



Digital literacy is "The capability to use digital technology and knowing when and how to use it."

Digital literacy is when students are able to engage with multi-media to read and interpret text, sounds and images. Digital literacy is when students can manipulate and evaluate data to construct their own meaning. Digital literacy also includes a student having knowledge about how to use technology to construct meaning, but most importantly in ways that are appropriate to their needs. Students who know how to use technology are also instructed by parents and teachers on how to use it effectively and appropriately to communicate a message. Most students today have more knowledge about technology than their teachers, but most have not had instruction on how and when to use technology appropriately. "Too often the focus is on learning the technology itself, with little time given to discussing what is or isn't appropriate." (Rubble, M. and Bailey, G. (2007). Digital Citizenship in Schools. Eugene, OR: ISTE, p. 21) In this course we will get to know our Digital world and understand our digital footprint. Students will explore Google Apps and programs that will enhance their abilities to create presentations. We will explore coding and robots as well as simple programming.

Fiddling

Teacher: Ms. Lunt

Period: 1

Class Size: 30

Required Materials: String Instrument, and the book "Fiddler's Philharmonic" for your instrument (\$8 on Amazon)



Jam out with American Fiddle tunes. Master the fiddle technique and the basics of improvisation. All students will learn the tune, break, and back up parts for their instruments and ideas for improv licks and kicks.

Some tunes we will be learning: Bile 'em Cabbage Down, Cripple Creek, Swallowtail Jig, Old Joe Clark, Angelina Baker And More!

Build a World

Teacher: Ms. Shearer

Period: 1

Class Size: 20

Cost: \$10



If you've always wanted to create worlds, this class is for you. You can create any world in your imagination! We will learn how to create colorful and detailed maps and then build three-dimensional dioramas with buildings, landscaping, water and more of your world. Contests will be held for the best worlds!

Yearbook (8th and 9th Grade)

Teacher: Mrs. Jovel

Period: 1

Class Size: 15

Cost: NA



Come join the yearbook group and help me create and organize the yearbook structure. We will be choosing the aesthetic of the yearbook, organizing the portraits and pictures, gathering more pictures, and obtaining quotes from teachers and students. Also, three of you will be earning a free yearbook! 🥰

Winter Adventure

Teacher: Mrs. Hillyard

Period: 1

Class Size: 24

Required Materials: Signed Waiver

Cost: \$77

(less if you have your own snowshoes/cross country skis)



Have you ever gone snowshoeing? Cross Country skiing? How do you keep yourself warm during outdoor activities? Do you know how to keep yourself safe during an avalanche? Come and learn all about these, and more as we adventure outside in the snow.

Course Objectives

**Learn to snowshoe and cross country ski in correct locations*

**Learn etiquette for being out on the trail*

**Learn how to dress appropriately for outdoor activities*

**Learn about safely/survival skills if you are stranded outdoors in the winter*

**Play outside in the snow*

Relative Race

Teacher: Mrs. Peery

Periods: 1

Class Size: 26

Cost: \$10



Come discover more about the people in your family! We will be using free online resources to find your relatives, learn about the places and times they lived, and make creative portrayals of our families. We will also watch some episodes of the KBYU show where contestants race across the country to meet relatives they have never met. We will enjoy daily "minute to win it" games, and dress up days.

American Melting Pot Cooking

Double Period

Teacher: Mr. Hicks

Periods: 1-2

Class Size: 40

Cost: \$70



Come learn to cook some simple and delicious food. We will be making meals in skillet and instant pots. Bring an appetite because we will be eating everything we make. Adventurous appetites required. We will be trying a variety of different foods and everyone is expected to at least try everything. We will be taking a field trip to a local farm and butcher to see how our food goes from farm to table. We will learn how to properly use kitchen utensils, including knives and other equipment, while cooking.

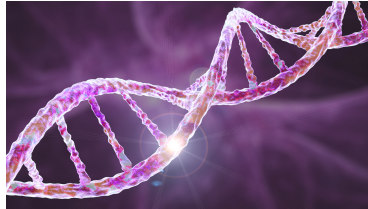
The History of DNA

Teacher: Ms. Gates

Period: 2, 3 or 4

Class Size: 20

Cost: \$20



In my upcoming Winterim class, we are embarking on an exciting journey into the world of DNA and genetics. We will delve into the fascinating history of DNA, starting with the groundbreaking discovery of the DNA helix model by scientists James Watson and Francis Crick in 1953. This discovery laid the foundation for our modern understanding of genetics and heredity. Our hands-on labs will cover a spectrum of activities, including DNA extraction from plant material, crafting DNA necklaces, and exploring the world of personal genomics through [Ancestry.com](https://www.ancestry.com) and 23&Me. We will also venture into the realm of modern DNA technologies with an introduction to PCR (Polymerase Chain Reaction) and DNA sequencing. Delving into the practical applications of DNA analysis, we will discover how crimes have been solved using these techniques. Additionally, we will master the basics of pipetting, an essential skill in DNA analysis, and even compete in the Pipetting Olympics for some scientific fun. As a culmination, we will unleash our creative talents in a final project where we interpret the DNA helix through art by creating a captivating DNA helix painting. This Winterim class promises to be an immersive and enlightening exploration of the captivating world of DNA.

US Wars

Teacher: Mr. Abraham

Period: 2 or 4

Class Size: 20

Cost: NA



"In war there is no substitute for victory" - Douglas MacArthur

Have the wars we've talked about in class ever interested you? Do you want to have the chance to study battle strategies in-depth? This U.S. Wars class is designed to thoroughly look into the strategies, tactics, and importance of certain conflicts in American History. There are two main parts to this class: a lecture series which will examine different battles and the strategies used and a wargaming experience which will allow students to explore these battles hands-on. From Brandywine to the Battle of the Bulge, we will examine the generals, soldiers, and strategies used in American victory. This class will watch three films: Johnny Tremain (1959), Tora Tora Tora (1970) and The Longest Day (1962). A field trip to Hill Air Force Base has also been approved and will be held January 10, 2024.

Ready, Set, Serve!

Teacher: Mrs. Hillyard

Period: 2

Class Size: 24

Required Materials: Signed Waiver

Cost: \$10

-this will help to pay for some of the service projects that we will participate in.



If you like to do things for others, this class is for you! We are going to have many different opportunities to serve. We will make things for others, write cards, go and visit, and many more things.

Walt Disney's Wonderful World

Teacher: Ms. Shearer

Period: 2

Class Size: 25

Required Materials: Signed Waiver



Walt Disney changed the world with his amazing imagination and vision. We will explore the Disney timeline; try our hands at some Cartooning and Imagineering; discover why Disney storytelling is so successful by watching some of the groundbreaking films; and see how Pixar and Marvel have enhanced Disney's Wonderful World. If you love all things Disney, indulge your fascination here!

Stage Makeup

Teacher: Ms. Unsworth

Period: 2

Class Size: 20

Cost: \$45



Stage makeup, not to be confused with cosmetics, is a way to transform into another life. Learn ways to completely metamorphose into your favorite animal, create a fake injury, or "grow" artificial facial hair. Facial skin care is a must if you want to use your skin as a canvas, so develop your love with your skin through relaxing routines. Surprise and delight your friends and family with Halloween-esque skills.

Barbarians

Teacher: Mr. Alder

Period: 2

Class Size: 22

Cost: NA



This class will explore the barbarians of Western Europe and the effect that they had on the creation of medieval and modern culture. This class is a wonderful opportunity for students to really dig into ancient cultures and philosophies and see how they are similar to and different from their own.

Self Defense

Teacher: Ms. Lunt

Period: 3

Class Size: 30

Required Materials: Signed Waiver



Empower yourself with self defense moves to protect yourself. SBN Clarissa Lunt is a 3rd Degree Black Belt with 9 years of training in Taekwondo, Krav Maga, Muay Thai, Escrima, and various Mixed Martial Arts. The moves taught here are only to be used in self-defense and never to be abusive! There are inherent risks in practicing these moves. If all students take care to follow instructions exactly and take care not to hurt their partner we will all be safe, however accidents happen and a waiver must be signed to participate.

Defenses Taught: Block a Punch, Escape a Choke Hold, Escape a Bear Hug Grab, Defense against a Tackle, Wrist Releases And More!

Chess

Teacher: Mr. Alder

Period: 3

Class Size: 22

Cost: NA



Have you never played chess before but want to learn? Are you already good but want to take it to the next level? Or do you just enjoy playing for fun? Come join Dr. Alder this winterim where we will learn chess basics for new players, as well as more advanced strategy for more experienced players. Then we will have plenty of time to play each other and improve. If possible, please bring your own boards!

Futsal (Indoor Soccer)

Teacher: Mrs. Noorda

Period: 3

Class Size: 30

Required Materials: Signed Waiver

Cost: NA



Futsal is an indoor version of soccer that is popular throughout the world, enough so to have its own World Cup. During this class, we will be learning the different strategies and skills required to be successful in Futsal, as well as getting a bunch of playing time.

Stage Crew

Teacher: Mr. Abraham and Ms. Unsworth

Period: 3

Class Size: 40

Cost: NA



Calling all performers, stage hands, and anyone who has a love for the theater. Do you want to know how to make the magic happen? Have you wondered how musical theater has evolved through the years? Then this is the class for you! Help make sets and props for this year's school musical, Beauty and the Beast, Jr. You do not need to be an artist to join us; just have the willingness to lend a hand.

Catan 101

Teacher: Mrs. Jovel

Period: 3

Class Size: 20

Cost: \$15



Learn the basics of game theory and experience the uniqueness of the world of CATAN. In this class, we will be exploring the different expansions of CATAN as well as learning the different strategies to navigate the game into victory. We will also play other strategy games like Dominion, Risk, Azul, Ticket to Ride and some others. Get ready to learn how to bluff, assess risk, and optimize your actions in this exciting board game class. In addition, there will be some cool Catan crafts and prizes you will be able to win!

7s Flag Rugby

Teacher: Mr. Hicks

Period: 4

Class Size: 32

Cost: \$20



Come learn how to play the amazing game of rugby! Traditionally, rugby is a tackle sport but we will be using flags instead of tackling. We will break into teams of seven players per team and learn the basics of rugby and play some games. This will be held outside on our field on the hill. Make sure to be prepared for cold weather but also to be active as there is a lot of running in rugby. Bring your cleats, if you got 'em!

My Fair Lady

Teacher: Mrs. Mahoney

Period: 4

Class Size: NA

Cost: \$20,

Cost Accouterments/Includes:

Hat/Fascinator, Gloves, Embroidery starter kit, Afternoon Tea Party Eats and Treats



Join Mrs. Mahoney for Ladylike etiquette, a history of fashion through the years, afternoon tea parties, the art of embroidery, classic old movies with strong female leads, fairy tales, Regency Era line dance, and so much more.

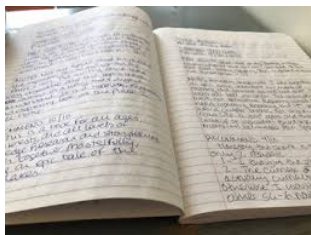
Journaling

Teacher: Ms. Unsworth

Period: 4

Class Size: 28

Cost: NA



Write to your heart's content! Expression through writing is one of the best ways to clarify, organize, and preserve your thoughts. This class will get your writing motor running with a variety of prompts including: alternate story endings, consciousness stream, chronological day planning and responding, point of view shifts, and journal styling. You will enjoy the relaxation and creativity that free form writing encourages. Be prepared to share your insight and creativity!

Fellowship of LOTR

Teacher: Mrs. Jovel and Palmer Fausett

Period: 4

Class Size: 20

Cost: \$15

Required Materials: Signed Waiver



Do you feel like you were born in the wrong world? Come join the Fellowship of Lord of the Rings! This course will explore the writings and films of LOTR, along with fun games, crafts and feast all inspired by LOTR. It will be marvelous if you have read the books in advance, but not required. Accompany Mrs. Jovel and Palmer Fausett to the exploration of the world of Tolkien. Will you resist the temptation of the precious ring? Let's unite and navigate through Hobbiton, The Shire, Rivendell, Mordor and much more.

Cultural Anthropology

Teacher: Mr. Harris

Period: 4

Class Size: 20

Cost: NA



This class will be a survey of cultures. This class will spend some time on the Aztec culture and modern Mexico, but we will also look at the Congo, the Trobriand Islanders, and others. We will also deal with the concepts of magic, and spirituality from a cultural perspective; and survey culture through pop culture and through art. A basic concept of culture will be taught that focuses on different trends and patterns in cultures and how such concepts form a cultural consciousness dependent upon historical trends, ecological conditions, language, and cultural materialism.

Name _____

Grade _____

2024 Winterim Course Selection and Contract Forms

Due: Friday, November 3, 2023

Course Selection

Please select your top 4 choices for each period. (Put a 1 next to your first choice, a 2 next to your second choice, etc.)

All fees are due by Friday, December 8, 2023.

NOTE: Because of limited class size, **no student** will be guaranteed his or her first choices of Winterim courses. When there are more students signing up for a class than there are spots available, preference will be given to students who have shown by their grades, their attitude, and their behavior during 1st and 2nd terms that they are ready to do their best.

2024 Winterim Contract

I, _____ (student's name), understand that my participation in Winterim classes is dependent on my behavior and academic performance both before and during Winterim (January 3-19, 2024). I understand that I may not get my first choice of classes, and that I may be assigned to a "boot camp" class as a result of my behavior or academic performance, regardless of the classes I specify above.

I am also prepared and agree to pay all costs associated with the classes in which I am enrolled by the date specified on the Course Selection form. **If I am removed from a Winterim class because of behavior issues, I understand that those costs will not be refunded.**

Student signature: _____ Date: _____

Parent name: _____

Parent signature: _____ Date: _____

**Please make sure to let us know your 1st and 2nd choices by turning in this "Course Selection and Contract" form by Friday, November 3, 2023, to Mrs. Hall at the Front Office.
Thank you!**

Winterim Classes (listed by Period)

| Period | Subject | Teacher | # of Seats | Cost | Choice # |
|--------|---|---------------------------|------------|------|----------|
| 1&2 | American Melting Pot Cooking (Periods 1&2) | Mr. Hicks | 40 | \$70 | |
| 1 | Build a World | Ms. Shearer | 20 | \$10 | |
| 1 | Decoding/Novels (required for students in Decoding) | Mrs. Hancock/Ms. Unsworth | 13 | NA | |
| 1 | Fiddling | Ms. Lunt | 30 | Book | |
| 1 | Novels/Digital Literacy (required for students in Novels) | Mr. Alder/Mrs. Hancock | 20 | NA | |
| 1 | Relative Race | Mrs. Peery | 26 | \$10 | |
| 1 | Winter Adventure | Mrs. Hillyard | 24 | \$77 | |
| 1 | Yearbook (8th & 9th Grade) | Mrs. Jovel | 15 | NA | |
| Period | Subject | Teacher | # of Seats | Cost | Choice # |
| 1&2 | American Melting Pot Cooking (Periods 1&2) | Mr. Hicks | 40 | \$70 | |
| 2 | Barbarians | Mr. Alder | 22 | NA | |
| 2 | Digital Literacy (required for 8th grade) | Mrs. Hancock | 20 | NA | |
| 2 | DNA | Ms. Gates | 20 | \$20 | |
| 2 | Ready, Set, Serve! | Mrs. Hillyard | 24 | \$10 | |
| 2 | Stage Makeup | Ms. Unsworth | 20 | \$45 | |
| 2 | US Wars | Mr. Abraham | 20 | NA | |
| 2 | Walt Disney's Wonderful World | Ms. Shearer | 25 | NA | |
| Period | Subject | Teacher | # of Seats | Cost | Choice # |
| 3 | Catan 101 | Mrs. Jovel | 20 | \$15 | |
| 3 | Chess | Mr. Alder | 22 | NA | |
| 3 | Digital Literacy (required for 8th grade) | Mrs. Mueras-Saavedra | 20 | NA | |
| 3 | DNA | Ms. Gates | 20 | \$20 | |
| 3 | Futsal (Indoor Soccer) | Mrs. Noorda | 30 | NA | |
| 3 | Self Defense | Ms. Lunt | 24 | NA | |
| 3 | Stage Crew | Mr. Abraham/Ms. Unsworth | 40 | NA | |
| Period | Subject | Teacher | # of Seats | Cost | Choice # |
| 4 | 7s Flag Rugby | Mr. Hicks | 32 | \$20 | |
| 4 | Cultural Anthropology | Mr. Harris | 20 | NA | |
| 4 | Digital Literacy (required for 8th grade) | Mrs. Hancock | 20 | NA | |
| 4 | DNA | Ms. Gates | 20 | \$20 | |
| 4 | Journaling | Ms. Unsworth | 28 | NA | |
| 4 | Fellowship of LOTR | Mrs. Jovel | 20 | \$15 | |
| 4 | My Fair Lady | Mrs. Mahoney | 20 | \$20 | |

