



AMERICAN PREPARATORY ACADEMY

Facebook: www.facebook.com/americanprepSalem

APA Salem: (801) 465-4434 Elementary Ext: 1 Secondary Ext: 2

** The asterisk throughout the newsletter indicates information that is new.*

School Calendar – Salem Campus

May 21, 2021

Mon., May 24	AM and PM Kindergarten Attend from 8:00 am- 10:30 am
Mon., May 24	4 th Grade End-of-Year Show What You Know, 6:00 pm
Tues., May 25	AM and PM Kindergarten Attend from 8:00 am- 10:30 am
Tues., May 25	5 th Grade End-of-Year Show What You Know, 6:00 pm
Wed., May 26	Memorial Day Assembly, 1:00 pm
Wed., May 26	Kindergarten End-of-Year Show What You Know, 6:00 pm
Thurs., May 27	Last day of school for Kindergarten
Thurs., May 27	2 nd Grade End-of-Year Show What You Know, 6:00 pm
Fri., May 28	*Missing Work Deadline
Fri., May 28	1 st Grade End-of-Year Show What You Know, 6:00 pm

Looking ahead.....

Mon., May 31	*NO SCHOOL, Memorial Day
Tues., June 1	*NOON DISMISSAL, Lunches Served to Elementary Only
Wed., June 2	*NOON DISMISSAL, No Lunches Served
Wed., June 2	*Field Day
Thurs., June 3	*NOON DISMISSAL, No Lunches Served, Last Day of School

You will find all events, updates, and extracurricular activity schedules on our campus calendar at www.salem.americanprep.org.

***May Builders Theme: I Am a Builder When I Respect My Body and Mind**

Studies have shown that a word search and other puzzles can help improve memory, focus, vocabulary, and overall mental acuity. Word search puzzles emphasize pattern recognition, which is a key cognitive tool. A 2007 Harvard Business Review article by Gilkey and Kilts discusses the benefits of puzzle solving to develop our skill at pattern recognition. Pattern recognition is the brain's ability to find order and create meaning from data around us.

Studies have found that a word search is effective at helping to teach a second language. Even if you do not want to learn another language, there is always room to expand your vocabulary. Most English-speaking adults have a 20 to 35-thousand-word vocabulary, while there are over 1 million words in the English language.

Dopamine is naturally produced in our brains. Touted as the “reward molecule,” neuroscientists are linking dopamine to perseverance and the sense of accomplishment. When we finish a task, like finding words in a word search puzzle, our brains reward us with a surge of dopamine. Keeping this dopamine flowing can keep us motivated in other areas of our lives. Doing word searches and other puzzles can help to keep our aging brains fit. A study published in the March-April 2001 issue of the “American Journal of Alzheimer’s Disease and Other Dementias” found that a simple cognitive activity like bingo can benefit older adults. Both the AARP and the Alzheimer’s Association suggest that puzzles can be part of a healthy lifestyle.



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***Memorial Day Assembly**

Our Memorial Day assembly will be held this year on Wednesday, May 26th at 1:00 pm. The assembly is structured as a memorial service. The purpose of the assembly is to teach our students about those who have given their lives in service to our country and how to properly memorialize them. We teach about the history of Memorial Day and proper observance of the holiday. Most grade levels have an opportunity to contribute to the service. **Due to the importance of this assembly, there will not be any student checkouts allowed from 12:30 pm until the end of the day.**

We would like to invite our parents to experience this wonderful assembly and see first-hand what we are teaching the students. Please arrive early to be seated before the assembly begins. Those that arrive late will not be permitted. No children or babies will be allowed as guests. There will be no exceptions. This is not a performance event, so there will be NO pictures or videotaping allowed, not even on your cell phone.

***Ambassadors**

Our revered Memorial Day Celebration assembly will be held on May 26, 2021. Last week you should have received an envelope and poppy. We are asking a donation to be made to support the Veterans of Foreign Wars. They support many charities who help veterans their families and the families of fallen soldiers. If you have any questions in regards to this project, please contact Mrs. Denning at ldenning@apamail.org

VOLUNTEER OPPORTUNITY: One of our favorite things in the last 18 months has been our Chew Time Videos. They cover American values and traits, our Builder themes each month, and Reading University characters that exhibit those building qualities. This year some of those characters will be coming to our campus to visit with the students and be introduced in an assembly for our elementary students. We will need the aid of our parents to help with the students as they meet with the characters. We will need help on Thursday, May 27, 2021 from 12:30 pm to 2:00 pm in the gym. If this is something you would be interested in helping with, we would love to have you there. Please contact Mrs. Denning for more information and to volunteer.

If you have any questions regarding our Ambassador program and service opportunities, please contact Mrs. Denning at ldenning@apamail.org.

***Free Dress on Field Day**

Students that return or pay for all curriculum items/fees and nametags assigned to them will qualify for free dress day on field day.

***Used Uniforms Wanted**

We want to reward our students for donating their gently used uniforms! Students may bring in 3 lightly used uniform pieces and will be rewarded with a homework pass. Homework passes may be used towards any missing or current assignment for this term. Tests, quizzes, and projects will not be eligible to be excused by a homework pass. Any uniform item with rips, stains or discoloration will not be accepted. Uniforms must follow APA uniform guidelines. Up to 3 homework passes may be earned. Uniforms will be accepted at the front office through May 26th.



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***Summer Meals**

Did you know there are free activities and meals available in your community for your kids and teens this summer? Follow this link to find a site near you: <https://www.fns.usda.gov/meals4kids>

Bus Request Form

Bus request forms are due May 31st. If your child needs bus services next school year, please ask the elementary or secondary secretary for a bus request form. Returning bus students will receive priority in offering spots on the bus.

2021-2022 School Year Fee Schedule

The APA Governing Board has approved the Fee Schedule for the 2021-2022 School Year.

Please take some time to review the fee schedule. You can find the approved fees specific to your school on the Fee Schedule at:

<https://salem.americanprep.org/school-fees/>

Printed versions of the fee schedule and spend plans will be available upon request.

***Parent Advisory Committee (PAC) Election Results**

We appreciate all of our willing and wonderful parents for putting their names forward in this election and would like to congratulate the following parents who will have the opportunity to serve as members of the Salem Parent Advisory Committee:

Ashley Carbine – Newly Elected
Karen Smith – Returning
Russell Smith – Returning
Matt Meagher – Returning
Shawn Kiracofe – Returning
Terri Ashmead – Returning

***Lost and Found**

Our Lost and Found is located in front of the elementary office. Please encourage your students to check for lost items in this area. All items will be donated or discarded on the last day of the school year, June 3, 2021.