



AMERICAN PREPARATORY ACADEMY

Facebook: www.facebook.com/americanprepSalem

APA Salem: (801) 465-4434 Elementary Ext: 142 Secondary Ext: 123

**** The asterisk throughout the newsletter indicates information that is new.***

School Calendar – Salem Campus

September 27, 2019

Mon., Sept. 30

*Volleyball Games, 4:30 pm
Deadline for 15% Yearbook Discount

Looking ahead.....

Mon., Oct. 7

*Volleyball Games, 4:30 pm

Tues., Oct. 8

*Parent Empowerment Night, 7:00 pm

Wed., Oct. 9

*Volleyball Games, 4:30 pm

Thurs., Oct. 10

*College Tours for Secondary Students

Fri., Oct. 11

*1st-3rd Grade Field Trips

Mon., Oct. 14-Fri., Oct. 18

NO SCHOOL, Fall Break

Fri., Oct. 25

Fall Festival, 6:00 pm

*4th-6th Grade Field Trips

You will find all events, updates, and extracurricular activity schedules on our campus calendar at www.salem.americanprep.org.

***September Builders Theme: Build with Enthusiasm**

Posted in [High Performance](#) by Bobby Velev

“If you ponder over what differentiates an average person from one who has achieved stupendous success, you will realize that it may be the intensity of enthusiasm that has helped the highly successful person reach such great heights. Those who could accomplish great things in their chosen fields could not have done so without enthusiasm.

“But you may have a doubt why enthusiasm is given such an importance. One of the main points that may demolish your doubt is that enthusiasm brings happiness. In fact, happiness and enthusiasm can trigger creativity and they will ultimately help you in succeeding. I cannot say that there won’t be problems or road-blocks in your journey towards success, but since you will be creative, happy and enthusiastic, you will be able to surmount these road-blocks easily with your innovative ideas. It has been scientifically prove[n] that people who have a positive, happy and enthusiastic mindset are more creative and have better insights.

“There is also another reason for considering enthusiasm as a key factor for success. If you are enthusiastic about a particular goal, you will be so excited that you will do your best in order to achieve it. It will keep you motivated to go on and on with it. This does not mean you will work on it all the time, but even if you are not, your mind will constantly be thinking about the goal you are enthusiastic about. It is exactly your subconscious mind that will be focusing on the things you are passionate and enthusiastic about. A lot of research has taken place about the power of the subconscious mind and these [studies] have revealed that the [subconscious mind] has enormous powers. When it constantly works on a thing you are enthusiastic about, you will get great ideas and this will fast-track your success.”



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***Substitute Teaching**

We are looking for APA parents to become substitute teachers for our schools. We have found that our amazing parents make the very best substitute teachers! They know the “APA way” and love our students, which are the two most important traits of a successful substitute teacher. We provide all of the training, and the pay is \$80-90 per day. This is a great time of year to become a substitute teacher—you can save up for holiday plans in advance! We provide in-depth, paid training so you will feel comfortable in your duties. **APA is a FUN place to work! We would love to have you on our team!** If you can only commit to one day per week, that would be fine with us. You can also work every day or whatever suits your schedule. We need substitute teachers every day and we would really appreciate your help! Also, please tell your family members and friends about this opportunity.

School Lunch

We hope you and your students are enjoying our school lunch program! This is a reminder to order meals for the month of October at <https://apalunch.h1.hotlunchonline.net/>. All orders must be placed 48 hours in advance. If you want your student to have lunch on Tuesday, October 1st, please order by Sunday, September 29th at 11:59 pm.

Also, the menu is posted through January 2020. Please remember you must select and order for each child. To get to the next month after selecting your items, go to the top and by the “Today” tab, click the right arrow.

If you need help ordering lunch, our school lunch workers are available. You can also e-mail lunch@apamail.org for assistance.

Meal Charge Policy

It is the responsibility of the parent to provide a lunch or pre-order a lunch online for their student(s). If a student arrives at school without a lunch, they will first be directed to call home and ask the parent to bring them a lunch. If a school lunch is available, the school lunch staff will take a payment over the phone and provide the student with a school lunch.

If the student is unable to get in touch with the parent, the lunch staff member will serve the student a lunch, and charge the student’s account for the lunch (\$3.00 for grades K-5, \$3.30 for grades 6-9). The lunch staff will notify the parents of the meal charge and request payment.

If your student has dietary or other restrictions and you would prefer we NOT serve them a school lunch, please notify us at lunch@apamail.org.

Unpaid Meal Policy

If a student has unpaid meal charges in excess of \$10, the lunch staff will offer them something to eat, but will not serve them a full meal until the meal charges are paid.

Fall Festival

Mark your calendars for the 2019 Fall Festival fundraiser. It will be held on Friday, October 25th from 6:00 pm-8:00 pm. This year’s activities will include games, bounce houses, a Nerf war, food, a spook alley, and a silent auction. Our goal is to raise \$3,000 for the music department. Please watch for more information to come.



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***Sports**

Cross Country

The cross country team ran a great race at the regional cross country meet this week! Congratulations to Quincey Mathews and Watson Tobiasson who qualified for the state cross country meet.

Volleyball

It is time for our volleyball club to start showing their stuff! We will be playing games at our school from 4:30 pm to approximately 6:30 pm on the following days:

Monday, September 30th
Monday, October 7th
Wednesday, October 9th

***Ambassadors**

Volunteer Opportunities

- Ironing napkins and folding them for the balls. Currently, all of the napkins are done, but we will be having 1,000 more black napkins come in October. We will keep you updated on when they arrive.
- College tours, which will be held on Thursday, October 10th, 2019. We will need 12-15 parent volunteers to be team leaders for our 7th and 8th grade students touring the UVU campus. If you are interested in volunteering for this event, please contact Mrs. Denning at ldenning@apamail.org. We appreciate all of our parent volunteers. It helps our events run successfully and helps to grow amazing students.
- Holiday food baskets, weekend food for children, and the Food Drive. The planning for these events will begin the week of October 21st. Look for more information on dates for the planning of these events in upcoming newsletters.

Here are the upcoming Ambassador events:

- College Visits: October 10th, 2019
- Fall Break: October 14th-18th, 2019

Our 9th grade students have started reading *The 6 Most Important Decisions You'll Ever Make* by Sean Covey. We had some fun conversations about the relationship bank and the importance of parental relationships. Ask your 9th grade student about this.

Yearbooks

Every year when the school year comes to a close, we have students and parents who want to buy a yearbook and they hope that there is a yearbook to purchase at the school. We do not have yearbooks to purchase at the school. The yearbooks have to be preordered through the company TreeRing.

Right now, you have the opportunity to purchase this school year's yearbook and get 15% off of the price. This discount is available through September 30th. To order a yearbook, go to www.TreeRing.com/validate and enter the school's passcode of 1013947202713106.



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Thank You

We want to give a special thank you to Brad Olson and Olson's Garden Shoppe in Payson for donating sod to surround our playground. We are grateful for their generosity and for the difference it has made for our students.

***APEF**



4th Annual Holiday Boutique

APA's 4th annual Holiday Boutique will be held Friday, November 8th and Saturday, November 9th at the Draper 3 campus. **Our next meeting will be held Thursday, October 3rd at 1:30 pm in the Draper 2 conference room.** We are in need of many volunteers to make this fundraiser a success. If you are able to help with the planning of the event, please come to the meeting or contact Mrs. Goudge at mgoudge@americanprepfoundation.org or by phone at (801) 661-1928. We still need people to help with advertising, graphic design, vendor outreach, decorating, and more.

If you would like to be a vendor at the boutique, please join our Facebook group at <https://www.facebook.com/groups/apaboutiquevendors/>. We are also looking for APA students who would like to sign up for a booth. The cost for a student booth is \$10. The student vendor application can be found on our Facebook page.

APA Business Directory

We are creating an APA business directory that will be available to all APA families. If you would like to have your business included, please e-mail Mrs. Goudge and she will send you the form. This is free advertising for your business and a great way for APA parents and staff to support other APA families.

School Supplies Donation Drive

Thank you to everyone who has donated to our school supplies drive. We appreciate you! It is not too late to donate. Because APA provides school supplies to all of its students, as parents we do not have to go to Target or Walmart alongside everyone else who is doing their back-to-school shopping for notebooks, pencils, crayons, etc. This is a significant expense for APA, so Friends of APA is looking for parents who are willing to donate money to offset some of those costs. To donate to our School Supplies Donation drive, please go to www.americanprepfoundation.org and click on the "School Supply Donation Drive" button. Any donation is greatly appreciated.

Instruments Needed

Do you have an old instrument lying around collecting dust? APA is looking for band and orchestra instrument donations. We have many students in need of instruments. If you would like to donate an instrument, please contact Mrs. Goudge at the e-mail address or phone number above. This is a great way to help some of our APA students, and it is a tax write-off for you!