



AMERICAN PREPARATORY ACADEMY

Facebook: www.facebook.com/americanprepSalem

APA Salem: (801) 465-4434 Elementary Ext: 1 Secondary Ext: 2

**The asterisk throughout the newsletter indicates information that is new.*

School Calendar – Salem Campus

May 24, 2019

Wed., May 29	2 nd Grade End-of-Year Show What You Know, 6:00 pm
Thurs., May 30	Noon Dismissal , No Lunches Served 1 st Grade End-of-Year Show What You Know, 6:00 pm
Fri., May 31	Last Day of School, Noon Dismissal , No Lunches Served

Looking ahead.....

Fri., Aug. 16	*Meet and Greet
Mon., Aug. 19	*First Day of School

You will find all events, updates, and extracurricular activity schedules on our campus calendar at www.salem.americanprep.org.

***May Builders Theme: I Am a Builder When I Respect My Body and Mind**

Studies have shown that a word search and other puzzles can help improve memory, focus, vocabulary, and overall mental acuity. Word search puzzles emphasize pattern recognition, which is a key cognitive tool. A 2007 Harvard Business Review article by Gilkey and Kilts discusses the benefits of puzzle solving to develop our skill at pattern recognition. Pattern recognition is the brain's ability to find order and create meaning from data around us.

Studies have found that a word search is effective at helping to teach a second language. Even if you do not want to learn another language, there is always room to expand your vocabulary. Most English-speaking adults have a 20 to 35-thousand-word vocabulary, while there are over 1 million words in the English language.

Dopamine is naturally produced in our brains. Touted as the “reward molecule,” neuroscientists are linking dopamine to perseverance and the sense of accomplishment. When we finish a task, like finding words in a word search puzzle, our brains reward us with a surge of dopamine. Keeping this dopamine flowing can keep us motivated in other areas of our lives. Doing word search and other puzzles can help to keep our aging brains fit. A study published in the March-April 2001 issue of the “American Journal of Alzheimer’s Disease and Other Dementias” found that a simple cognitive activity like bingo can benefit older adults. Both the AARP and the Alzheimer’s Association suggest that puzzles can be part of a healthy lifestyle.

***Kindergarten Award Recipients**

The kindergarten Builders of the Month for May are Chase Collins and Bryndan Jessop. The kindergarten Reading University scholars for May are Maya Ellsworth and Emma Perry.

***Parent Survey**

Please complete the parent surveys that were sent via e-mail last week. Our administrative team spends time over the summer reviewing every single one. We strive to serve your family in the best way possible, and we can only become our best with your honest feedback.



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Secondary Fees for the 2019-2020 School Year

Below are the fees for secondary students (7th-9th grade) for the 2019-2020 school year. These fees are due August 9th, 2019. Please come in any time now to pay the fees. Please make payments to Mrs. Gomez. Payment options are cash, check, and credit card. If you are having financial difficulties and cannot pay the fees, a fee-waiver application needs to be filled out and returned by July 1st, 2019.

Required Fees (\$100 total per student)

*Activity Fee and Student ID: \$15

*Book Rental: \$35

*Computer/Tech: \$15

*Locker Rental: \$5

*Planner: \$15

*Parent Communication: \$10

*National Latin Exam: \$5

***End-of-Year Information**

Elementary Class Lists for 2019/2020 Year

Elementary class lists for the 2019/2020 year will be posted on the front doors and the east doors beginning Friday, August 16th, for the Meet and Greet event. Please do not call the office asking who your student's teachers are. More information will be sent to you as the date gets closer.

Dockets

Dockets will go home with your student(s) on Wednesday, May 29th. If your dockets are torn or lost, we will have replacements that can be purchased through the office. The docket alone is \$8.00 and the inside folders are \$2.00. If you need a complete replacement, the cost is \$10.00.

Name Tag

If you receive a note stating that your student is missing his/her name badge, please help your student try to find it or send in \$5.00 for a replacement badge. The cost to replace a name tag is considered a fine, and this must be taken care of by Wednesday, May 29th.

Medications

If your student has medications in the office, please come and pick them up. We will dispose of any medications left after Friday, May 31st.

Lost and Found

We have accumulated quite a few items in our Lost and Found. Please come by to look and see if we have something that belongs to your family. After May 31st, anything left in the Lost and Found will be donated to a charitable organization to bless the lives of other children.

End-of-the-Year or Summer Withdrawal

We know that there may be some families or students who find out during the summer that they will not be able to return to APA next year. Please remember to let us know as soon as your decision becomes official. We have many families on our waitlist who would love to attend APA and they would like to know as soon as possible. To complete the process, please come to the school to sign two exit forms that will be added to the student files.



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***Box Tops**

Thank you for the box top donations. Our ice cream cones grew tall! Mrs. Truman's AM class is the winner of this competition. Keep clipping as we will have another competition in the fall. Have a happy summer!

Ambassadors

Service Opportunity

We are looking for five parents who would be interested in helping us to put together White Ribbon Week. This is a week where we talk about the healthy use of computers and technology. This will be something we prepare over the summer for next year. We are still working on details so we can hand out assignments. If this is something you feel passionate about, we would love to use your energy to help strengthen our students. Please e-mail Mrs. Denning at ldenning@apamail.org.

2019-2020 Bus Payments

The bus lists for next school year are being generated now. Please remember that you have to fill out a new bus application every school year, even if your students are already riding the bus. Once you have been notified that your family has been approved to ride the bus, you can make payments to Mrs. Gomez. She can take payments now for next school year's bus payments, which will help you avoid any long lines at the Meet and Greet event. Bus payments must be made before the first day of school.

Teachers for Next Year

As we are getting closer to the end of the school year, many of you are asking about requesting teachers for next year. Please understand that no matter who your child's homeroom teacher will be, your child will have many different teachers for different subjects and will have the opportunity to learn from the very excellent programs we offer at American Preparatory Academy. As we create new class lists for this upcoming school year, it is important to us that we consider each child individually and give them the best placement possible. We love your students and we desire success and happiness for each one of them. We will go over the class lists with a "fine-tooth comb," making sure that each student is in the best place possible for him/her. Although we will not be taking general requests, if your child has certain needs that require special consideration, please feel free to e-mail the appropriate director before this school year ends on May 31st. The K-3 director is Jessica Barton and her e-mail is jbarton@apamail.org. The 4-6 director is Cody O'Brien and his e-mail is cobrien@apamail.org. Richard Fillerup is the secondary director and he can be reached at rfillerup@apamail.org. Thank you for your support!

School Lunch-Last Week of School

We have adjusted the menu for the last week of school. We will serve field-trip lunches. The lunches will contain a fruit or juice box, vegetable, granola bar or chips, cheese stick, and milk.

Monday, May 27th-No School (Memorial Day)

Tuesday, May 28th and Wednesday, May 29th-Lunch Served (Grades 1-9)

Thursday, May 30th-Noon Dismissal, No Lunch Served (Lunches have been canceled and credited to your account)

Friday, May 31st-Last Day of School, Noon Dismissal, No Lunch Served



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Yearbooks

Did you miss the deadline to order yearbooks? It is not too late to order yearbooks, but they might not arrive before the last day of school. You can order by going online to www.treering.com/validate where you will enter the school's passcode: 1013947202713106. The cost is \$14.99 plus shipping. You still have the option to customize two pages for free if you order online.

Donations for Our Sister School in Africa

In June, a group of teachers will be going to Zambia to support our sister school Chiyembekezo Academy/African Prep. We need help gathering items to take with us. Will you help us gather what we need? We need the following items donated:

- *What Your _____ Grader Needs to Know* books for all ages. Used books are welcome!
- New Expo dry erase markers. We use these for their math facts, so the thinner size is better.
- Awards/small prizes for students (new/used items in good condition).
- Pocket-sized dictionaries/small dictionaries (new/used items in good condition).
- School library books for all ages: story books, novels, readers (new/used items in good condition).
- Lotions, jewelry, perfume, ties, and socks for teacher gifts (new/used items in good condition).
- Clothes for the children: girl sizes 3-16 (new/used and washed items in good condition).
- Clothes for the children: boy sizes 2-16 (new/used and washed items in good condition).
- Backpacks (new/used in good condition).
- EmergenC packets, vitamin C tablets, adult and children's multi-vitamins.
- Ibuprofen/Tylenol pills/capsules.
- Neosporin and Band-Aids.
- Beef Jerky.

Each campus will have donation boxes where you can place your items. Thank you for your donations!!!