



AMERICAN PREPARATORY ACADEMY

Facebook: www.facebook.com/americanprepSalem

APA Salem: (801) 465-4434 Elementary Ext: 1 Secondary Ext: 2

**The asterisk throughout the newsletter indicates information that is new.*

School Calendar – Salem Campus

March 29, 2019

Mon., Apr. 1-Fri., Apr. 5

NO SCHOOL–Spring Break

Mon., Apr. 8

NO BOOTS Allowed After the Break

*Cross Country Begins for Grades 5-9

Looking ahead.....

Fri., Apr. 26

Elementary Parent-Teacher Conferences, **No School** for
Elementary Students Only

You will find all events, updates, and extracurricular activity schedules on our campus calendar at
www.salem.americanprep.org.

*March Builders Theme: I Am a Builder When I Quickly Acknowledge Mistakes and Humbly Make Amends

As we have practiced this month's builders theme, we have found that it gets easier and easier each time you truly admit to making a mistake and then look for the best way to make amends for that mistake. It is rare that students intend to do harm to one of their friends; sometimes they just get caught up in the moment. They could accidentally hit someone with a ball at recess or harm a fellow student while they are playing basketball. A student could have used words that unintentionally hurt another student's feelings. We have found most students are very receptive and open to the concept of admitting their mistakes and trying to make amends for those mistakes.

What do we do to try to make things better? We quickly acknowledge that we made a mistake. We then follow through just as quickly with an idea to make the situation better without using the phrase, "I'm sorry but. . . ." After we have apologized and have made the appropriate amends, we must then leave it in the hands of the other person to quickly accept our amends.

Keep practicing this theme in your family and see how much easier it gets each time you do it. This is a skill that everyone can master.

Yearbooks

Order your yearbooks now before it is too late! Order and customize yearbooks online at www.treering.com/validate and use the school code 1013947202713106. The cost is \$14.99 and the last day to order is May 1st.

Boots

With spring approaching, warmer weather will soon be here. The change in the season also ushers in the change of footwear allowed at school for the girls. As a reminder, the uniform guide states that boots may not be worn at school after April 1st.



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Keeping Kids Safe Online

Our number one goal in working with and raising children is always safety. We teach them when it is safe to cross the street, to not play with dangerous things such as knives, and how to respond when it seems someone might harm them. In this day of technology, keeping our kids safe is a bit trickier and requires us as caregivers to use new skills to keep them safe. Every few months or so, a new kind of challenge comes across social media. These challenges allegedly encourage people to participate in seemingly innocent things and then increase to challenges that actually cause harm and maybe even death to the participant. Children and teens are especially vulnerable as they are just learning to think through and solve problems and these challenges quickly go viral. As adults, we have the great opportunity to teach our kids about how to recognize when something is helpful or hurtful and how to intervene.

We hope that you will take the opportunity to review with your student how they are using social media, the apps they have on their phones, the messages they are sending, and the messages they are receiving. You may encounter some resistance to this. We hope you will be persistent and remind your children that your job is to keep them safe. It is also an opportunity for the kids to show off how they are keeping themselves safe by showing you their positive communication and smart apps. Technology can be a tool for doing great things or it can be a tool for danger. Please join us as we help children and teens use technology in a way that makes our world better.

***Ambassadors**

Culminating Balls

The Ambassador's culminating event for our 7th-9th grade students is a Ball. Here are the dates for each Ball:

- The 7th grade Ball will be held on Friday, May 3rd, 2019, from 11:30 am–2:30 pm. The Parent Honor Dance will be at 2:10 pm. Parents will be able to take their children home with them after the dance has concluded.
- The 8th grade dinner and Ball will be held on Friday, May 3rd, 2019, from 5:00 pm–10:00 pm, with the Parent Honor Dance at 9:40 pm. Parents will be able to take their children home with them after the dance has concluded.
- The 9th grade event at La Caille will be held Thursday, May 16th, 2019, from 4:30 pm–10:00 pm, with the Parent Honor Dance at 9:40 pm. Parents will be able to take their children home with them after the dance has concluded.

The Ball is not a formal event, but an event where students can practice what they have spent this year learning and mastering. Below is a brief overview of appropriate attire for the Ball:

- These are not formal dances. Professional dress is required. This means below-the-knee dresses for girls. The best way to check this is to have your daughter kneel with her head held high. The dress should hit the floor. Then have your young lady stand and touch down to her toes. Her dress should not ride up so far that it is uncomfortably close to seeing her underclothing. The next trick is having her put her thumbs in the crease of her armpit and having her pointer fingers come together. The dress should come to the bottom of the pointer finger. For the shoulders, the student should hold up 3 fingers and crisscross her arms to the opposing edge of the shoulder. This is the minimum of how far off the shoulder the dress should fall.
- Dresses are very personal to each student. Dress checks can be very uncomfortable if corrections need to be made. Please take the time to go over this with your student prior to them coming in for their dress check. If you have any questions, please contact Mrs. Denning at ldenning@apamail.org or (801)465-4434, ext. 1111.
- Young men are also required to pass off their outfits. Some examples for this are button-down shirts, slacks, belt, tie, dress shoes, and socks that match the color of their shoes.



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- Dress checks for both young men and young ladies will be held only on April 16th, 18th, and 19th.
- REMEMBER, this is supposed to be professional attire, not prom attire.

Service Opportunity

We currently have an opportunity to help our campus label our tablecloths. We are looking for a parent who has an embroidery machine. We would like to put APA Salem at the bottom of all of our tablecloths so that we will not get them mixed up with other tablecloths. If you are interested in this project, please contact Mrs. Denning at ldenning@apamail.org.

Lunchtime–Chat Videos

This week we introduced a new lunchtime-chat video featuring Ebenezer Scrooge from Charles Dickens' book *A Christmas Carol*, which is a secondary Reading University book. Scrooge demonstrates the ability to acknowledge his mistakes and humbly make amends.

We would like to thank Draper Historic Theatre and Gardner Village for allowing us to use their costumes and set to make our movie magic happen. THANK YOU!!



Please e-mail Mrs. Denning at ldenning@apamail.org with any questions about the Ambassador program, along with opportunities to serve.

APA Cross Country Spring Training Schedule

Practice Times (Starting April 8th)

Monday and Friday 3:20–4:15, Wednesday 2:20–3:30

Meet Schedule (Girls Race: 4:00, Boys Race: 4:30)

Tuesday, April 23rd: Maeser

Lindon City Park, 200 N State St, Lindon

Tuesday, April 30th: Reagan

Rotary Park, Hobbie Creek Canyon, Springville

Thursday, May 2nd: APA Salem

Spanish Fork Sports Complex, 295 Volunteer Dr, Spanish Fork

Tuesday, May 7th: Lincoln

Discovery (Manila) Park, 1511 N 100 E, Pleasant Grove
(location subject to change)