



AMERICAN PREPARATORY ACADEMY

Facebook: www.facebook.com/americanprepSalem

APA Salem: (801) 465-4434 Elementary Ext: 142 Secondary Ext: 123

** The asterisk throughout the newsletter indicates information that is new.*

School Calendar – Salem Campus

June 1, 2018

Looking ahead.....

Fri., Aug. 17

Secondary Orientation and Elementary Meet and Greet, 2 pm-4 pm

Mon., Aug. 20

First Day of School

You will find all events, updates, and extracurricular activity schedules on our campus calendar at www.salem.americanprep.org.

***June Builders Theme: I Am a Builder When I Respect My Body and Mind**

There have been many great discussions at school about the importance of the students respecting their bodies and minds. Below are a few tips found on the internet to help kids make better choices throughout the day to help them respect their bodies and minds.

Kids often choose cookies over veggies, watch TV instead of taking a walk and don't practice good dental hygiene. By following these simple steps, however, you can help your little ones develop healthy habits to last a lifetime.

Make it a Habit to Drink Water

Give your kids water at every meal, and encourage them to drink it throughout the day to quench their thirst and avoid dehydration. Make sugar-packed sodas and juices rare treats instead of everyday occurrences.

Hit the Streets

Regular physical activity provides many benefits for adults and kids alike. Plus, research suggests that active kids might be less likely to engage in risky behaviors. They also are more likely to have better self-esteem, earn higher grades and get more sleep. If you're struggling with getting your kids to get off the couch, tell them you want their help getting more physically active. Ask them to join you for walks, biking or even yard work. They'll feel good about helping you — while developing their own fitness routines.

Give Your Kids Some New (Dental) Tools

A timer is a great way to help your kids brush for a full two minutes. Encourage flossing with a floss flavor kids love. Get products specially made to protect the areas dentists check most in kids, including cavities and fresh breath, and feature flavors and designs they'll love!

It may be hard to get your children to make healthier choices from out of nowhere, but keep at it. If you're constant, they'll develop healthy habits and, with a little nudge from mom [or dad], they'll be on their way to a fresh, healthy start!

Source: <https://www.pgeveryday.com/wellness/family-health/article/healthy-habits-for-kids>



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***Builders of the Month**

Congratulations to our Builders of the Month for May. The following students were great examples of being utterly reliable:

Hagen Carter	Ethan Ekstrom	Cooper Gallegos	Talita Hansen
Davis Hutchins	Calvin Kennedy	Cassidy Myers	Adam Nielson
Gloria Reategui	Joseph Reategui	Trevin Richards	Lucy Reynolds

Congratulations to our 4th-6th grades' Builders of the Month for June. The following students exemplified respecting their body and mind:

Clover Carter	Liam Fitzsimmons	Natalie Gordon	Tierra Kennedy
Ellie Peterson	Camille Stringham		

***Reading University**

Our Reading University scholars for the month of May are:

Grace Ashmead	Kylie Chandia	Jovan Christensen	Jordyn Cox
Alina Davis	Olivia Galusha	Corbin Jensen	Aizik Lewis
Devin Longtree	Francisco Matias-Sanford		

***Summer Stay Sharp Packets**

All returning students should have received their summer Stay Sharp packets. Please e-mail Keri Elmer at kelmer@apasalem.org if you have any questions. All students going into 7th, 8th, or 9th grade will need to e-mail salmathscore@apamail.org for a MathScore log-in. There will be a reward for all of the students who complete their packets.

***Ambassador**

Veterans Home Visit

What a wonderful visit we had at the Veterans Home on May 31st, 2018. Our students are so good to go and visit with the residents there. We are so blessed to be able to show our gratitude through our time and service.

We have had a wonderful year this year. We appreciate all of the many hands that have made our events such a success. Our students are amazing in their efforts to practice what they are learning at our events. We look forward to seeing you in the coming months.

Volunteer Opportunity

We are in need of updating our picnic supply box. We need 1,000 5 oz. cups and 800 luncheon plates. We are also in need of some napkins being ironed over the summer. If you will e-mail Mrs. Denning at ldenning@apasalem.org, she will be able to arrange this.



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Parent Survey

Please complete the parent surveys that were sent via e-mail last week. Our administrative team spends time over the summer reviewing every single one. We strive to serve your family in the best way possible, and we can only become our best with your honest feedback. If you did not receive the survey links, please e-mail Erin Short at eshort@apasalem.org.

***ShopWithScrip Giveaway**

Congratulations to the Fillerup family for winning our PrestoPay giveaway! Over the last 30 days with 7 families using PrestoPay, we made \$150! It may not seem like much, but every little bit adds up. These are all orders that have been paid for online and many of them were ecards that were used right away through the app MyScripWallet. MyScripWallet can be used at Walmart, Home Depot, Amazon, Old Navy, or local restaurants (just to name a few).

You can still purchase ScripNow cards (ecards or reloadable cards) during the summer! We encourage you to use PrestoPay, which is now easier than ever to sign up and use; there is no waiting for deposits or a code! Our goal is to earn \$500 over the summer!

Go to www.shopwithscrip.com and enter the enrollment code: 3D99AC893L436. Text LeMira Wheelwright for questions on how to get started at (801) 473-2966.

***End-of-Year Information**

Summer Hours

Our summer office hours starting June 13th will be Monday through Thursday from 9:00 am–12:00 pm. Our directors are also available by e-mail anytime. The K-3 director is Jessica Barton and her e-mail is jbarton@apasalem.org. The 4-6 director is Cody O'Brien and his e-mail is cobrien@apasalem.org. Richard Fillerup is the secondary director and he can be reached at rfillerup@apasalem.org.

Elementary Class Lists for 2018/2019 Year

Elementary class lists for the 2018/2019 year will be posted on the front doors and the east doors beginning Friday, August 17th, for the Meet and Greet event. Please do not call the office asking who your student's teachers are. More information will be sent to you as the date gets closer.

Dockets

Dockets were sent home with your student(s). If your docket is torn or lost, we will have replacements that can be purchased through the office. The docket alone is \$8.00 and the inside folders are \$2.00. If you need a complete replacement, the cost is \$10.00.

End-of-the-Year or Summer Withdrawal

We know that there may be some families or students who find out during the summer that they will not be able to return to APA next year. Please remember to let us know as soon as your decision becomes official. We have many families on our waitlist who would love to attend APA and they would like to know as soon as possible. To complete the process, please come to the school to sign two exit forms that will be added to the student files.